

Takers



Makers

Low frequency

Generate more anger and pain than joy

Complain about things that don't affect them and are beyond their control

Always need to be the center of attention

Are proud of the things that are not directly tied to their accomplishments (nationality, spouse, sports' team, etc.)

Suck others dry like a vampire, just to get ahead (they need unstable individuals in their lives to facilitate this behaviour)

Are happy when they can feel superior and love to instil jealousy in others

Act upon extrinsic motivation (they have a need to be rewarded)

Judge, blame and make excuses when they fail

Show off or judge, in order to put themselves on a pedestal to look down on others

View criticism as an attack on their ego and can cause them to become aggressive

Have a 'hot' temper and will often just react without thinking

New information causes stress

Adjust their personal guidelines based on the situation and the stance of their counterparts

Judge others by their results

Don't change anything until several warnings have been sounded or when there is no other choice

Have a difficult time saying no and try to justify their decisions

Live by principles that are driven by emotions

Have to manipulate others in order to receive energy

High frequency

Generate more joy than anger and pain

Don't complain about things that are beyond their control, but concentrate instead on the things that they are able to change

Have no desire to be the center of attention

Recognize that pride is not a virtue that helps them evolve or which defines them

Understand their own strength and don't have a need to constantly show it off (preferring to surround themselves with strong personalities)

Won't bring other people down. Instead, they try to build them up

Act upon their own influences (intrinsic motivation)

Take responsibility for failure and recognize the opportunity to learn from it

Speak to everyone as equals, because they don't judge people based on status, education, race or gender

View criticism as an opportunity to improve and are grateful

Have an even temper and think things through

Are grateful for new information

Always follow their personal guidelines regardless of the situation or the stance of their counterparts

Judge others by their motives

Make a change because they have the choice to do so

Are able to say yes or no, without emotional involvement. They don't feel the need for justification

Live by guidelines that are based on spiritual laws

Receive energy from others voluntarily

 Believe that material things define who they are and have a need to flaunt them. They want the world to be aware of anything that casts them in a better light		Don't let their abilities dictate who they are, but instead, strive to improve themselves at every opportunity 
 Are satisfied when they can get under other people's skin		View the need to mess with other people's feelings as a reflection of their own shortcomings 
 Suffer from increased anxiety as they get older, because of the many bad life experiences that have had a negative impact on them		Enjoy increased confidence as they get older, because they are able to see the positives in each of their life experiences 
 Make comparisons, in order to achieve the best deal for themselves		Compare, in order to get the best quality possible 
 Focus on the result		Focus on the path 
 Don't like to be told anything		Are open to working on self-improvement 
 Dwell on the past		Live in the here and now 
 Act indifferently and avoid responsibility because they fear the consequences of their own decisions		Take responsibility for their own actions and won't get involved in the affairs of others against their will 
 Play the 'knight in shining armour', because they need an ego boost, which can prevent others from evolving		Refuse to take responsibility for other people's problems, but will support them in finding their own solutions 
 Call people 'idiots' and act like an expert		Live by their guidelines without imposing them on others 
 Don't engage in physical activity and become victims of their bodies		Work out to maintain control over their bodies 
 Have casual sex with random partners whom they treat without respect, just for self-gratification and to boost their own ego		Have meaningful sex with a carefully chosen partner whom they love, or love something about and with whom they share enjoyment and fulfilment 
 Try to hold back their partners to keep them on a level that suits them		Encourage their partners to continue to improve and evolve 
 Put their friends before their partner		Put their partner before their friends 
 Constantly bemoan their fate and believe they are a victim of circumstances		Know that they will always get what they need, even if they don't like the circumstances 
 Have a desire to be understood		Have a desire to understand 
 Always try to portray themselves as a different character, according to the situation		Stay true to themselves because they recognise their own uniqueness 
 Need resistance and negativity to make changes and evolve		Recognize synchronicity as a sign of evolution 
 Strive for power as a means of controlling people, but despise it, when they don't have it		Recognize power as a neutral tool for development 
 Don't stop until the resistance gets too overwhelming		Know when it's time to leave or stop, without pushing the boundaries 

 See themselves as a victim of the system

 Always attempt to negotiate service providers and salesmen down, in order to feel like a winner

 Don't have an understanding of their financial situation

 Crack jokes at their own and other people's expense

 Talk about their plans in order to gain recognition for them in advance

 Entertain people with amusing anecdotes about the things that have gone wrong in their lives

 Only worry about their health when they are already ill



Understand the purpose of systems and will strive to make them work to their benefit 



Happily pay a fair price for products and services because they understand the importance of reasonable compensation 



Always have a clear understanding of their financial situation 



Make a joke in order to convey information more effortlessly 



Start to carry out their plans without a need for recognition and will only talk about them further down the line 



Entertain people with positive and amusing stories about their accomplishments in life, in spite of the obstacles that may have been in the way 



Proactively take care of their physical and mental wellbeing 

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